

264 Lee Ave • 718.783.5555



# Catering at our hall or at the hall of your choice

- Sheva Brachos •
- Reunions/Parties •
- Corporate Meetings
  - ullet Chosson Kallah ullet
    - $\bullet \ \text{Kimpeturin} \ \bullet$
- Compimentary Breakfast

### Delivered at your door step

Opened daily from **7:00** am- **7:30** pm Open Motzei Shabbos



- FREE DELIVERY -

### BREAKFAST MENU



# SANDWICHES BAGUETTE/SESAME STICK \$1.00 MORE

All Panini	\$7.50
American Cheese	\$5.00
Avocado	\$5.00
Butter/with Veg	\$1.50/2.50
Cream Cheese/with Veg	\$3.00/3.75
Cream Cheese Lox	\$6.75
Egg Salad	\$4.00
Eggplant Melt	\$6.50
Flounder Fish	\$9.75
Grilled Cheese	\$6.00
Hungarian Egg	\$4.00
Lox Spread	\$5.00
Omelette/Cheese	\$ 4.00/5.00
Red Cheese	\$5.00
Sable Slices	\$9.00
Sautéed Onion Egg Salad	\$4.00
Sliced Avocado	\$5.00
Sliced Egg	\$4.00
Tuna Egg Salad	\$5.00
Tuna Melt	\$6.00
Tuna	\$5.00
Vegetable Tuna	\$6.50
White Fish	\$5.50

### **BREAKFAST**

### BREAKFAST SPECIALS FOR:

\$6.00/\$7.00/\$8.00

**Farina** \$3.00/\$5.00

### SOUPS

Check Soup of the Day	\$4.75
Butternut Squash	\$4.75/\$9.00

Dairy Creamed Broccoli	\$5.50/\$10.00
French Onion +1.00 w/ cheese	\$4.75/\$9.00
Matzah Ball	\$4.75/\$9.00
Mushroom Barley	\$4.75/\$9.00
Vegetable	\$4.75/\$9.00

# MAIN DISHES

Baked Salmon/Plate	\$10.00/\$14.50
Baked Tilapia/Plate	\$10.00/\$13.00
Baked Ziti	\$6.75
Breaded Flounder/Plate	\$8.00/\$13.00
Fettuccini	\$ 5.00/\$9.00
Eggplant Parmesan	\$7.75
Grilled Salmon/Plate	\$10.00/\$14.50
Grilled Tuna Steak/Plate	\$14.00/\$18.50
Lasagna	\$6.75
Moc-Liver Blintz	\$5.00
Penne Ala Vodka	\$5.00/\$9.00
Potato Blintz	\$5.00
Schwarma Pita	\$8.00
Schwarma Plate	\$12.00
Stuffed Shells	\$5.00/\$9.00
Three Color Vegetable Kugel	\$5.00
Vegetable Blintz	\$5.00

# SIDE DISHES

BBQ Vegetables	\$4.00/\$7.00
Broccoli Salad	\$5.00
Cheese Blintz	2 for \$5.00
Cholent (Thurs. & Fri)	\$5.00
Falafel Balls	3 for \$1.50
Gefilte Fish	\$5.00
Grilled Vegetables	\$4.00/\$7.00
Kishke	\$1.75
Lo Mein	\$4.00
Mashed Potatoes	\$4.00
Potato Kugel	\$2.75
Rice / Mushrooms	\$4.00/\$7.00
Rice Letcho	\$4.00
Steamed Vegetables	\$4.00
String Beans	\$4.00
Tuna Cutlet	\$6.50
Vegetable Cutlet	\$5.00
Pasta Salad	\$5.00

Spinach Salad	\$5.00
Swt Potato Bttrnt Cube	\$4.00
Vegetable Egg Roll	\$4.00

# SALADS



Avocado Salad	\$ 8.00/\$10.00
Caesar Salad	\$ 8.00/\$10.00
Create Your Salad	\$ 8.00/\$10.00
Euro Salad	\$ 8.00/\$10.00
Greek Salad	\$ 8.00/\$10.00
Israeli Salad	\$3.00/\$6.00

### PIZZA LINE



Pizza	\$2.75
Regular Pie	\$20.00
Square Slice	\$3.75
Sicilian Pie	\$30.00
Vegetable Pizza	\$4.00
Vegetable Pie	\$28.00
White Pizza	\$4.00
White Pizza Pie	\$28.00
Stuffed Pizza	\$5.50
Personal Pie	\$9.00
Pizza Knish	\$5.50
Falafel Slice	\$4.50
Calzones Vegetable/Spinach/Eggplant/Mushroom	m \$5.75
French Fries	\$3.00
Spicy Fries	\$3.50
Cheese Pretzel	\$5.00
Pizza Roll	\$4.50
Cheese Stick	\$4.50
Garlic Knots	4 for \$1.00
Mozzarella Sticks	3 for \$6.00
Half/ Whole Falafel	\$3.50/\$5.75
Potato Knish	\$4.00
Vegetable Knish	\$4.50
Cheou	\$5.75

## **DESSERTS**



Ice Cream	\$2.00/\$4.00/\$5.00/\$6.00
Ice Cream Cone	\$2.00/\$4.00
Razzle	\$5.50/\$6.50/\$7.50
Waffle Plain/Ice Cream	\$6.00/\$8.00
Hot Fudge	\$6.75
Cheese Cake	\$5.00/\$6.00
Muffin	\$3.00
Yogurt	\$4.75
Fruit Soup	\$3.75
Fruit Jello	\$3.50
Tiramisu	\$4.75
Full Line of Pastries	
Cut up Fruits	\$4.00
Cinnamon Bun	\$3.00
Frappucino	\$6.00/\$7.00
Mochaccino	\$6.00/\$7.00

## **DRINKS**

### Cold Drinks:

Cans	\$1.50
Colored Drinks	\$1.50/\$2.00/\$2.50
Ice Coffee	\$2.50/\$3.50/\$5.00
Ice Cappuccino	\$3.50/\$4.50/\$5.00
Malted Vanilla/Chocolate/Mix	\$5.50/\$6.50
Slush	\$2.50/\$3.50/\$5.00
Snapple	\$1.75
Squeezer	\$1.75
Strawberry Smoothie	\$3.50/\$4.50/\$6.50
Vitamin Water	\$2.00
Water	\$1.50/1.75
Ice Drink	\$2.00/\$3.50/\$4.50

### Hot Drinks:

Coffee	\$1.25/\$1.75/\$2.00
Hot Cappuccino	\$2.00/\$2.50/\$3.00
Hot Cocoa	\$2.00/\$2.50/\$3.00
Tea	\$1.75/\$2.25/\$3.00

## SUHI MENU



### VEGETARIAN ROLLS

Kiwi Explosion

	Kiwi, Mango, Avocado & Kiwi Outside	\$7.00
A2	<b>Wild</b> Apple, Pear, Mango, Kiwi & Banana Outside	\$7.00
	Tippie, i cui, iviango, ravi e banana oublac	Ψ7.00
Аз	<b>Hawaii</b> Mango, Pear, Cashew, & Honey Wasabi Sauce	\$6.00
A4	Super Pear Pear, Cucumber & Avocado with Crunch	\$6.00
A5	Super Sweet Banana Mango & Cashews	\$6.00
A6	Mango	\$6.00
A7	Garden Vegetable Cucumber, Carrot, Avocado & Pepper	\$7.00
A8	<b>Tropical</b> Avocado, Cucumber, Mango & Lettuce	\$7.00
A9	Sunshine Avocado, Mango & Cashews	\$6.00
A10	Oshinko Pickled Radish	\$6.00
A11	Mixed Vegetable Cucumber, Carrot & Avocado	\$6.00
A12	Brown Rice without Seaweed,	
	with Cucumber & Avocado	\$6.00
A13	Green Garden Lettuce, Cucumber, Avocado & Tomato	\$7.00
A14	Carrot Avocado	\$4.00
A15	Aac Asparagus, Avocado & Cucumber	\$6.00

A16 C	Cucumber Avocado	\$5.00
A17 <b>A</b>	Avocado	\$4.00
A18 <b>A</b>	Asparagus	\$4.00
A19 <b>F</b>	Pepper	\$3.00
A20 C	Cucumber	\$3.00
A21 C	Ocs Dives, Parve Cream Cheese & Scallions	\$6.00
A22 C	Cucumber Carrot	\$4.00
A23 C	Carrot	\$4.00
	hana Nana Peanut wocado & Peanuts	\$5.00
	Green Cheeset wocado & Parve Cream Cheese	\$5.00
M100	Crunchy Dragon Kani, Cucumber & Avocado with Chopped Ka Outside, Topped with Spicy Mayo, Sweet Sauce & Crispy Onions	
		\$11.00
M200	Sushi Bombs Tempura Rice with Raw Spicy Tuna, Topped with Sweet Sauce & Scallions	\$12.00
M300	Midnight Dragon Spicy Tuna, Red Onion, Cucumber & Crunch with Avocado Outside, Topped with Sweet Sauce & Scallion	ф11 OO
		\$11.00
M400	Mozzarella Twist Fried Square Rice, Seared Chopped Salmon, White Tuna with 3 Sauces	\$9.00
M500	Spicy Tuna Ball	
	Spicy Tuna with Crunch In An Avocado Ball	\$9.00
M600	Carbless Mozzarella Seaweed Wrapped without Rice, with Salmon Tuna, Avocado & Cucumber,	•
	Topped with Scallion	\$13.00

# M700 **Crispy**Salmon \$9.95, Tuna \$10.95

Fried Rice Topped with One Of The Above with Sweet Sauce, Crunch & Scallions On Top

#### M800 Sushi Pizza

Fried Pizza Rice, Crunch, Seared Spicy Tuna Or Spicy Salmon, Avocado & Onions On Top with Spicy Mayo \$9.00

# SUSHI ROLLS

B200	Carb Free Cucumber Wrapped without Rice, with Tuna, Salmon & Avocado	\$10.00
B201	<b>Green Philly Dragon</b> Smoked Salmon, Avocado, Parve Cream Cheese & Avocado Outside	\$10.00
B202	New York Tuna, Apple, Avocado & Mayo	\$8.00
B203	Spicy Kani Cashew	\$8.00
B204	Fish In The Raw Brown Rice without Seaweed, with Salmon Or Tuna	\$7.00
B205	Philadelphia Smoked Salmon, Avocado & Parve Cream Cheese	\$7.00
B206	Smoked Salmon Smoked Salmon & Avocado	\$7.00
B207	Spicy Kani	\$7.00
B208	Yellowtail	\$7.00
B209	Alaska Salmon, Avocado & Cucumber	\$7.00
B210	Yum In The Raw Brown Rice without Seaweed, with Smoked Salmon Avocado & Spicy Mayo	\$7.00
B211	Tuna Avocado	\$6.00
B212	Spicy Tuna Avocado	\$6.00
B213	Spicy Salmon Avocado	\$6.00
B214	Scallion Spicy Yellowtail with Scallion And Crunch	\$7.00
B215	Rice Crispy Tuna & Avocado Topped with Crispy Onions	\$7.00
B216	Lawyers In The Raw Rice without Seaweed, with Smoked Salmon, Scallion & Spicy Mayo	\$8.00
B217	Tuna	\$6.00
B218	Salmon	\$6.00
B219	Spicy Tuna	\$6.00
B220	Spicy Salmon	\$6.00
B221	Salmon Avocado	\$6.00
B222	<b>Futo</b> 1/2 Brown Rice with Oshinko, Kani Cucumber & Avocado	\$7.00

B223	California	¢C 0.0
	Kani, Cucumber & Avocado	\$6.00
B224	Boston	
2224	Kani, Lettuce & Mayo	\$6.00
B225	Go Mango Kani, Mango, Cucumber & Avocado On Top	\$9.00
B226	Salmon Kani	\$7.00
B227	Black Pepper Tuna Black Pepper Tuna & Jalapeno Peppers	\$9.00
B228	Ohio	
D220	Kani & Avocado Minced with Cucumber.	
	Lettuce, Salt & Pepper	\$7.00
B229	T-Bone Salmon	1
	Salmon & Avocado with Salmon Outside	\$11.00
B230	Black Pepper Salmon	\$7.00
B231	B59	
DZJI	Spicy Salmon Topped with Spicy Kani	
	& Spicy Mayo	\$11.00
	cl pl	
B232	Cherry Blossom White Tuna. Salmon & Avocado	¢~ 00
	Wille Tulia, Sallioli & Avocado	\$7.00
B233	Rock N Roll	
	Tuna, Salmon, Kani & Avocado	\$8.00
Door	White Sox	
B234	White Tuna with Onions	\$7.00
	The same was a same as a same a	Ψ1.00
B235	Spicy Garlic	
	Spicy Salmon & Chopped Garlic	\$6.00

## LITE TEMPURA ROLLS

C300	Manhattan Lite Fried Spicy Tuna And Salmon, Seaweed Outside	\$12.00
C301	Crazy Salmon Lite Fried Salmon, Avocado, Parve Cream Cheese with Spicy Mayo	\$10.00
C302	Spider Lite Fried Salmon, Kani with Sweet Sauce	\$9.00
C303	Salmon Lite Fried Salmon & Avocado with Spicy Mayo	\$9.00
C304	Kani Lite Fried Kani, Cucumber, Avocado & Crunch	\$9.00
C305	Yellow Cashew Lite Fried Banana, Cashews with Fresh Banana On Top	\$8.00
C306	Crispy Lite	

	Fried Sweet Potato & Cashew	\$7.00
C307	Sweet Potato Lite Fried Sweet Potato	\$7.00
C307	Sweet Potato Lite Fried Sweet Potato	\$7.00
C308	Onion Bunion Lite Fried Onions	\$7.00
C309	Butterfly Lite Fried Kani, White Tuna, Mango Topped with Sweet Wasabi Sauce In A Soy Wrap	\$11.00
C340	Caterpillar Lite Fried Tuna, Kani & Onion, Topped with Avoc Spicy Mayo & Chili Sauce In A Soy Wrap	cado, \$12.00
C341	Sweety Lite Fried Salmon, Avocado, Mango & Parve Cream Cheese In A Soy Wrap	\$12.00
C342	<b>Banana Blast</b> Fried Salmon, Fried Tilapia & Jalapeno with I Banana Outside, Topped with Sweet Sauce	Fried \$12.00
C343	Purple Haze Fried Tilapia & Chopped Onions Inside with Avocado Outside Topped with Onions, Crunch & Spicy Mayo	\$9.00
	TEMPURA ROLLS	
D400	Mozzarella Tempura Deep Fried Spicy Salmon, Tuna, Onions	\$12.00
D401	Garden State Tempura Deep Fried Tuna, Salmon & Yellowtail	\$12.75
D402	Super Tempura Deep Fried Salmon, Tuna & Yellowtail with Parve Cream Cheese	\$13.00
D403	Smoked Tempura Deep Fried Smoked Salmon, Avocado & Crunch	\$10.00
D404	<b>Fat Kat Tempura</b> Deep Fried Spicy Salmon, Tuna, Onion	\$12.00
D405	<b>Kishka Tempura</b> Deep Fried Kishka & Onions	\$8.00
D406	<b>Qq Tempura</b> Deep Fried Salmon, Tilapia, Kani	\$10.50
D407	Koopie Tempura Deep Fried Spicy Salmon, Spicy Tuna, Spicy Kani, Spicy Tellowtail & Avocado	\$13.00

D408 Sweet Salmon Tempura

	Deep Fried Salmon & Avocado, Each Piece Individually Fried	\$10.00
D406	Ohh Angel Tempura Deep Fried Salmon, Kani, Avocado & Cucumber	\$12.00
D410	<b>Tnt Tempura</b> Deep Fried Salmon, Tuna & Kani	\$12.00
D411	Super Gadzilla Tempura Deep Fried Tuna, Yellowtail, Salmon & Kani, Topped with Scallion	\$14.00

### SIGNATURE ROLLS

E500	Mango, Avocado, Black Pepper, Tuna with Smoked Salmon Outside	\$13.00
E501	Volcano Spicy Tuna & Spicy Salmon with Spicy Kani Outside, Topped with Spicy Mayo	\$13.00
E502	Sweetheart Fried Tilapia & Avocado with Tuna Outside	\$12.00
E503	Alaskan Sunrise Salmon, Kani, Avocado & Cucumber with Salmon & Mango Outside, Topped with Spicy Mayo	\$12.00
E504	Sakura Seaweed Wrapped without Rice, with Tuna, Salmon, Tellowtail & Cucumber	\$12.00
E505	Orange Dragon Tuna, Yellowtail & Avocado with Salmon Outside	\$12.00
E506	Red Dragon Kani, Cucumber & Avocado with Salmon Outside	\$12.00
E507	White Dragon Kani, Cucumber & Avocado with White Tuna Outside	\$12.00
E508	Godzilla Fried Kani, Avocado & Mango with Spicy Tuna Outside	\$12.00
E509	Samurai 1/2 Brown Rice, Spicy Yellowtail & Cucumbe Avocado Outside, Topped with Sriracha	r with \$12.00
E510	Brooklyn Tuna, Salmon, Apple & Mango with Seaweed Aoutside,	

	Topped with May	\$12.00
E511	<b>Splendid</b> Spicy Tuna & Spicy Salmon with Tuna, Saln Yellowtail Outside, Topped with Crunch	non & \$13.00
E512	Super Star ½ Brown Rice, Mango, Apple & Avocado with Kani Outside	\$12.00
E513	Fire House Tuna, Jalepeno & Avocado with Spicy Salmon Outside, Topped with Sriracha	\$12.00
E514	Golden Tuna ½ Brown Rice, Tuna & Avocado with Mango Outside	\$12.00
E515	Spicy Yid Kani, Cucumber & Avocado with Spicy Salmon Ouside, Topped with Crunch	\$12.00
E516	Fire Hydrant Spicy Tuna, Mango & Crunch with Mango Outside, Topped with Spicy Mayo	\$12.00
E517	16Th Avenue Grilled Salmon & Scallion with Kani Outside, Topped with Sweet Sauce	\$12.00
E518	Salmon Lovers Salmon & Cucumber with Seared Salmon Outside	\$12.00
E519	Green Dragon Kani, Avocado & Cucumber with Avocado Outside	\$10.00
E520	Crazy Kani Tuna, Salmon, Avocado & Mango with Kani Outside, Topped with Wasabi Sauce	\$12.00
E521	Rainbow Kani, Cucumber & Avocado with Tuna, Salmon & Yellowtail Outside	\$12.00
E522	<b>Smokey</b> Smoked Salmon, Asparagus & Avocado with Spicy Kani Outside	\$12.00
E523	Vus Is Nyes Tomato, Red Onion & Parve Cream Cheese with Smoked Salmon Outside	\$12.00
E524	California Dragon Kani, Cucumber & Avocado with Kani Outside	\$11.00

**Dallas** 

Tuna & Cucumber with Salmon Outside, Topped

E525

_		
	with Sliced Lemons	\$12.00
E526	White Winter Tuna, Cucumber & Avocado with White Tuna & Chopped Kani Outside, Topped with Mayo	\$13.00
E527	Summer Rain ½ Brown Rice, Yellowtail, Kani, Avocado & Cucumber with Tuna Outside	\$13.00
E528	Kings Crown Fried Kani, Spicy Salmon & Cucumber with Salmon Outside, Topped with Crunch	\$12.00
E529	Fire Dragon Spicy Salmon, Jalapeno & Cucumber with Fr. Salmon & Avocado Outside, Topped with Spicy Mayo & Scallions	ied Kani \$13.00
E530	Sweet California Kani, Cucumber & Avocado with Fried Sweet Potato Outside	\$9.00
E531	<b>Tzunami Roll</b> Spicy Kani, Cucumber & Avocado, Topped with Spicy Mayo, Jalapeno & Crunch, In A Soy Wrap	\$12.00
E532	Fantastic Dragon Grilled Salmon & Onions with Seared Salmon Outside, Topped with Sweet Sauce & Crunch	\$12.00
E <sub>533</sub>	Baby Dragon Cooked Salmon, Cucumber & Avocado with Fried Spicy Salmon Outside, Topped with Sweet Sauce & Spicy Mayo	\$12.00
E534	<b>Tuna Luna</b> Spicy Tuna & Cucumber with Black Pepper Tuna Outside, Topped with Honey Wasabi Sauce	\$12.00
E535	King Bin Roll	
	Spicy Tuna & Avocado with Spicy Salmon Outside, Topped with Crunch & Sweet Sauce	\$11.00

### **SALADS**

Manguro Avocado Sesame
Fresh Cubed Tuna with Avocado

& Soy Wasabi Sauce \$9.00

Tempura Salad

Fried Salmon, Tuna & Kani with Cucumber, Avocado, Carrot, Lettuce, Topped with Spicy Mayo, Sweet Sauce, Seeds \$10.00

**Tropical Salad** 

Apple, Pear, Kiwi, Mango & Lettuce,

Topped with Sesame Seeds		\$9.00	
Sushi Salad Fresh Raw Salmon & Tuna, Lettuce, Cucumber, Avocado & Carrot, Topp			
with Sesame Seeds		\$9.00	
Super Salad Fresh Lettuce, Cucumber, Avocado & Carrots, Topped with Sesame See	ds	\$7.00	
Kani Salad Shredded Kani & Cucumber with Spicy Mayo, Topped with Sesame S	eeds	\$8.00	
Avocado Salad Fresh Lettuce & Sliced Avocado, Topped with Sesame Seeds		\$7.00	
APPETIZ	ERS		
Kani Pops Fried Kani Cubes		\$9.00	
Jalapeno Kickers			
Deep Fried Jalepenos Stuffed with Spicy Salmon		\$9.00	
Potato Chips Thinly Sliced Fried Potatoes		\$5.00	
Sweet Potato Chips Thinly Sliced Fried Sweet Potatoes		\$5.00	
Chips Combo Thinly Sliced Fried Potato & Sweet I	Potato	\$7.00	
NIGIRI/SASHIMI	1 PC	2PC	
White Tuna	\$3.00	\$5.00	
Manguro (Tuna)	\$3.00	\$5.00	
Black Pepper Tuna	\$3.00	\$5.00	
Sake (Salmon)	\$3.00	\$5.00	
Smoked Salmon	\$3.00	\$5.00	
Yellowtail	\$3.00	\$5.00	
Kani	\$2.50	\$4.00	
Black Pepper Salmon	\$3.00	\$5.00	
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CREATE			
MYSUSHI			

# MY SUSHI

Option A: Choice Of 4 Veggies/Fruits	\$7.00
Option B: Choice Of 1 Fish & 3 Veggies/Fruits	\$8.00

### SUSHI PLATTERS

Small Platter \$45.00 7 Rolls Feeds 6-8 People 2 Vegetable / 3 Regular / 2 Signature Brown Rice For An Additional \$2.50

Brown Rice For An Additional \$2.50

Medium Platter \$65.00

11 Rolls Feeds 12-14 People

3 Vegetable / 5 Regular / 3 Signature
Brown Rice For An Additional \$4.50

Large Platter \$85.00

16 Rolls Feeds 14-18 People 6 Vegetable / 6 Regular / 4 Signature Brown Rice And Additional \$7.00

# VEGETABLE PLATTERS

Small Platter \$25.00
6 Rolls Feeds 3-5 People
Brown Rice For An Additional \$2.00

Medium Platter \$50.00
12 Rolls Feeds 8-10 People
Brown Rice For An Additional \$4.50

Large Platter \$79.00
20 Rolls Feeds 14-18 People
Brown Rice For An Additional \$9.00

# TEMPURA PLATTERS

Medium Platter
50 Rolls Feeds 8-10 People
Brown Rice For An Additional \$2.00

Large Platter
10 Rolls Feeds 16-20 People
Brown Rice For An Additional \$4.00



# NATURAL TREATS

FF	RESH JUICES	12 OZ.	20 OZ.
A1	Citrus C		
	Orange, Ginger, Grapefruit, Hawaiian Pineapple & Mint	¢E 10	¢6.0F
—— A2	Thirst Eliminator	\$5.49	\$6.95
ΛZ	Blueberry, Green Apples & Lemon	\$5.49	\$6.95
A3	Totally Cleansed		
	Ginger, Carrots, Green Apples, Lemons & Cucumber	\$5.49	\$6.95
—— A4	Energy Booster	ΨO.49	ΨO.95
Λ4	Green Apples, Orange &		
	1 oz. Of Energy Boost	\$5.49	\$6.95
A5	Beet It Juice		
	Beets, Green Apples, Celery & Carrot	\$5.49	\$6.95
 A6	Passion In A Cup	+0.10	++.55
110	Mango, Hawaiian Pineapple,		
	Green Apples & Passion Fruit Puree	\$5.49	\$6.95
A7	System Refresher Wheatgrass, Carrot, Spinach,		
	Beet Celery & Cucumber	\$6.95	\$7.95
 A8	Super Green	1 - 00	1100
	Kale, Spinach, Parsley, Romaine, Celery,		
	Green Apple, Lemon & Cucumber	\$6.95	\$7.95
A9	Grand Master Y Hawaiian Pineapple, Parsley,		
	Orange, Ginger & Celery	\$6.95	\$7.95
A10			
	Spirulina, Mango,	. 0	
	Banana & Green Apples	\$6.95	\$7.95
SI	MOOTHIES	12 OZ.	20 OZ.
B1	Berry In The House		
Di	Blueberry, Strawberry, Peach,		
	Banana & Apple Juice	\$5.95	\$7.65
B2	Yummy Yum		
	Banana, Blueberry, Strawberry, Orange & Coconut Milk	\$5.95	\$7.65
 B3	Mango Madness	+0.00	+11-0
_5	Mango, Pineapple,		
	Banana & Coconut Milk	\$5.95	\$7.65
B4	Peanut Banana		
	Peanut Butter with Omega-3 Banana & Soy Milk	\$5.95	\$7.65
 B5	Smooth Berry	3 30	
J	Raspberry Puree, Strawberry, Mango,		
	Banana, Orange & Coconut Milk	\$5.95	\$7.65
B6	Strawberry Fields Strawberry, Banana		
	& Coconut Milk	\$5.95	\$7.65

**Guava Dreams** B7 Guava Puree, Banana, Orange & Coconut Milk \$5.95 \$7.65 Lemonada Lemon Puree, Mint & Ice \$7.65 \$5.95 **FUNCTIONAL SMOOTHIES Power Antioxidant** B8 Antioxidant Fruits Such As Strawberry, Blueberry Acai, Pomegranate Puree & Raspberry Puree \$8.45 Multi Vitamin Blend Raspberry Puree, Orange Juice, Strawberry, Lemon, Banana, Multi Vitamin Mix & Soy Protein \$8 \$8.95 **Power Maker** B8 Blueberry, Protein (Soy/Whey/Hemp), Strawberry, Banana & Choice Of Milk \$8.45 B8 Rejuvenator Blend Orange Juice, Raspberry Puree, Peach, Hawaiian, Pineapple & Vitamin B Mix \$8.95 B8 Papaya Mango Booster Papaya Puree, Mango, Banana, Multi Vitamin Mix, Antioxidant Booster & Coconut Milk \$8.45 Supa Energizer Strawberries, Banana, Antioxidant Acai, Apple Juice & Korean Ginseng Powder \$8.45 **Weight Shifter** Kiwi Puree, Papaya Puree, Strawberry, Brewers Yeast (Natural Appetite Decreaser) & Protein (Soy/Whey/ \$8.45 Hemp) **Emmunity.me** Strawberry, Arginine Powder, Immunity Shot & Soy Milk \$8.95 **Memory Enhancer** Coconut Milk, Banana, Antioxidant Acai, Ginkgo & \$8.45

All Functional **Smoothies** Are **Sweetened** with **Organic Agave** 

### GIVE IT A SHOT One Double Triple

C1 **Wheatgrass**Served with Orange Wedge \$3.00 \$5.00 \$7.00

C2 **Life Shot**Ginger, Lemon & Cayenne Pepper
Served with Orange Wedge \$3.00 \$5.00 \$7.00

### HEALING HOT BLENDS

D1 Cold Fighter

Fresh Orange Juice, Organic Green Tea, Ginger Root,

	Echinacea, Vitamin C & Zinc	5.45
D2	Zingy Lemon Apples, Lemon, Ginger Root & Multi Vitamin Mix	5.45
D3	<b>Cinnamon Harmony</b> Soy Milk, Cinnamon (Blood Sugar Reducer), I Soy Protein	3anana & 5.45
D <sub>4</sub>	Apple Cinnamon Cider Freshly Pressed Apples with Cinnamon	5.45
D <sub>5</sub>	B12 Chai Latte Vegan Chai Blend with Soy Milk & B12 Vitamin	5,45

DELICIOUS YOGURT

SMALL MEDIUM LARGE

Ask Us For Our Toppings



### BERRY BOWLS

E1	Acai Coconut Bowl Coco Soy Milk, Banana, Acai Granola, Coconut Flakes	6.45
E2	Blueberry Pineapple Bowl Almond Milk, Blueberry, Banana, Granola, Pineapple Kiwi, Clover Honey 6.4	
E3	Goji Green Meal Goji Berry, Banana, Spinach, Kale, Almond Milk, Hemp Seeds, Hemp Granola	6.45
E4	Pb & Strawberry Strawberry, Banana, Peanut Butter, Apple Juice, Cacao Nibs, Hemp Granola	6.45

